

Week 8

August 23, 2010

locally grown with care~ your farmer

Stoney Meadow Farm 2010 CSA Newsletter

Something Delicious From The Garden: What might be in this week's share?*

- ~Edamame
- ~Summer Squash
- ~Beets
- ~Pickles or Cucumbers
- ~Basil and/or cilantro



Other items you may begin finding:
onions, tomatoes and peppers

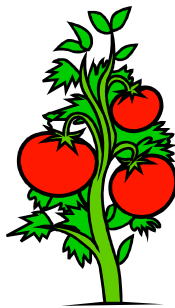
* Perhaps a few surprises and substitutions. As the week's progress from the time this newsletter is done, certain vegetables end and new ones just are beginning.

Recipe of the Week: Salsa

Fresh Tomato Salsa

Ingredients:

- 3 tomatoes, chopped
- 1/2 cup onion, finely diced
- 5 chili peppers, finely chopped
- 1/2 cup fresh cilantro, chopped
- 2 teaspoons lime juice
- 1 teaspoon salt



Directions:

In a medium bowl stir together ingredients listed above. Chill for one hour before serving.

What's Happening On The Farm

The rain, the humidity, the bugs and the weeds are the story of the summer. Everyone I talk to speak of the weeds and of how well they are growing. I was looking at pictures I had taken at the beginning of July. Nice, perfectly weeded rows—looking as I would hope. Now-weeds up to my shoulders. It's unbelievable. And the bugs...well everyone has been witness to the mosquito population. The population of many other pests are high, too. And in this wet, warm and humid environment they carry many diseases from plant to plant. The pickle plants, squash and pumpkins are showing signs of wilt. I don't know how long they will continue to produce. We are also beginning to see signs of late blight in the tomato patch. (FYI: Across the country, last year, the late blight was the worst it had been in 40 years and probably is one of the most destructive diseases in a garden.) Hopefully, it won't be as bad as last year, but we shall see. We have taken measures to prevent it. Last year all of the crop material was burnt and we carefully rotate our crops. The only organic solution to blight is using a copper-based product that we have thus far opted not to use. So, it has really been an uphill battle for us the past few weeks. Hope all of you are having a wonderful summer and for those of you heading back to school, we hope your preparations are going well.

How to reach us:

Steve and Andrea Levsen
Email: stoneymeadowfarm@wi.rr.com
Cell Phone: (262) 893-3579
You can also text me at this number.

